

SIDE EFFECTS

COVID-19 Vaccine vs. COVID-19 Virus

Get the facts: COVID-19 vaccination will help protect you from getting COVID-19. You may have some minor side effects--which are normal signs that your body is building protection--that pale in comparison to the long term effects that are being seen in COVID-19 patients. View these facts from the Centers of Disease Control (CDC):

Vaccine Side Effects

On the arm where you got the shot:

- Pain
- Swelling

Throughout the rest of your body:

- Fever
- Chills
- Tiredness
- Headache

These symptoms usually go away after one or two days.

Long Term Effects of COVID-19 Virus

- Fatigue
- Shortness of breath
- Cough
- Joint pain
- Chest pain
- Difficulty with thinking and concentration
- Depression
- Muscle pain
- Headache
- Intermittent fever
- Fast-beating or pounding heart (also known as heart palpitations)
- Cardiovascular: inflammation of the heart muscle
- Respiratory: lung function abnormalities
- Renal: acute kidney injury
- Dermatologic: rash, hair loss
- Neurological: smell and taste problems, sleep issues, difficulty with concentration, memory problems
- Psychiatric: depression, anxiety, changes in mood