

Answers to Your Top COVID-19 Vaccine Concerns

When making your decision about whether or not to get the COVID-19 vaccine, make sure you know the facts.

The following information has been compiled by respected medical doctors and other medical governance boards about the vaccine:

Is the vaccine safe to take while pregnant?

Yes. The American Society for Reproductive Medicine (ASRM) does not recommend withholding the COVID-19 vaccine from patients who are planning to conceive, who are currently pregnant, or who are lactating. Additionally, because COVID-19 mRNA vaccines do not contain a live virus, they are not thought to cause an increased risk of infertility, first or second trimester loss, stillbirth, or congenital anomalies. [Click here for more information on vaccine and fertility.](#)

Can I get COVID-19 from the vaccine itself?

No, you cannot get COVID-19 from the vaccine. It is not a live virus. It is not even a dead virus. It is merely a strip of protein (mRNA) from the virus that your body uses to make antibodies. It cannot give you the virus.

Is the vaccine safe?

Yes, the vaccine is safe. Between 30,000 and 50,000 volunteers received the vaccine before it was approved by the FDA, and it was proven to be 95% effective. It passed all of the FDA's regulations.

Will I feel achy or experience other symptoms after receiving the vaccine?

Yes, it is possible to feel aches, soreness at the injection site, or even have a fever for a day or two after receiving the vaccine. That's the same as with any other vaccine, and it means your body is building protection against the virus. Take medication such as Tylenol to alleviate these symptoms. Not all individuals will experience symptoms from the vaccine.

If I've already had COVID-19, should I still get the vaccine?

Yes, even if you've already had COVID-19 the CDC is still recommending that you receive the vaccine. It won't hurt you; it can only help your immunity.

Everyone says this vaccine was "rushed to market." Is that true?

No. This vaccine was rushed through traditional committee meetings and paperwork; it was not rushed through safety regulations and trials. It was studied longer than what is required for the FDA to approve it.

I'd rather wait until COVID-19 goes away on its own.

It is unlikely that COVID-19 will go away on its own. The vaccine helps to accelerate the immunity-building process to protect us.

Information compiled by Dr. James D. Quarles, MD, Medical Director for Morning Pointe of Frankfort campus; the American Society for Reproductive Medicine; and the American College of Obstetricians and Gynecologists.